



#### OFFICIAL NEWS BULLETIN OF CARITAS COLLEGE OF PHARMACY KOTTAYAM





SPREADING THE RADIANCE OF GOOD HEALTH AND HAPPINESS



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## FROM THE DESK OF DIRECTOR



REV. DR. BINU KUNNATH DIRECTOR Caritas Hospital & Institute of Health Sciences

Greetings!

It is with immense pride and pleasure that I present to you the 2023 News Bulletin of Caritas College of Pharmacy. This year has been a remarkable journey of growth, innovation, and community engagement for our institution. From the successful admissions process to the numerous academic and extracurricular activities, our students and faculty have demonstrated exceptional dedication and excellence. We have made significant strides in our mission to provide quality education and foster a vibrant academic environment.

Our commitment to academic excellence and holistic development has been evident through various events, workshops, and initiatives undertaken throughout the year. This bulletin captures the essence of our achievements and highlights the relentless efforts of our community. I extend my heartfelt gratitude to everyone who has contributed to making 2023 a memorable and successful year for Caritas College of Pharmacy.

Let us continue to strive for greater heights and work together towards a brighter future.

Warm regards,

**Rev. Dr. Binu Kunnath** Director

## FROM THE DESK OF PRINCIPAL

DR. SAJAN JOSE ACADEMIC DIRECTOR & PRINCIPAL Caritas College of Pharmacy



Welcome to CCP news bulletin. Caritas College of Pharmacy is a distinguished institution renowned for its dedication to excellence in pharmaceutical education and research. It is an honor to have this opportunity to share with you the latest updates, achievements, and developments from our esteemed college and the dynamic field of pharmacy.

At Caritas College of Pharmacy, we strive to cultivate a culture of innovation, academic rigor, and community service. Our faculty and students are at the forefront of groundbreaking research, contributing to advancements in drug discovery, healthcare, and patient care. Today, we celebrate their hard work, dedication, and the significant milestones they have achieved.

In this bulletin, we will highlight several key events, including recent academic achievements and the impactful community outreach programs our students and faculty have undertaken. We will also feature events and initiatives designed to fulfill our mission of shaping the future of healthcare through education and innovation.

Stay tuned as we delve into these stories and more, showcasing the vibrant spirit and commitment of Caritas College of Pharmacy.

**Prof. Dr. Sajan Jose** M. Pharm, PhD

## FACULTY AS RESOURCE PERSON/SPECIAL INVITEE

## Continuing Pharmacy Education Programme 2023 (01.01.2023)

The Continuing Pharmacy Education Programme 2023 held at the Diamond Jubilee Hall, Caritas Hospital, Thellakom, Kottayam, on January 1st, 2023, was an unparalleled success. Led by distinguished experts Dr. Cinu Thomas, Dr. Jayaram U, and Ms. Anit Joji George, the programme focused on raising awareness about crucial topics such as antibiotic use, resistance, adverse drug reactions, and prescription handling. Organized by the esteemed Kerala State Pharmacy Council, in collaboration with Caritas College of Pharmacy, the event provided a platform for insightful discussions, knowledge exchange, and professional development. Participants left inspired and equipped with valuable insights to enhance their pharmacy practice.



#### Workshop on Computer Aided Drug Designing (12.06.2023)

Classes handled by Dr Prasanth Francis, Professor, Department of Pharmaceutical Chemistry, Caritas College of Pharmacy at MGM College of Pharmacy, Vilayancode, Plathara, Kerala



## Faculty of Caritas college of Pharmacy conducted class sessions during Continuing Pharmacy Education Programme (14.06.2023)

The Continuing Pharmacy Education Programme held at M Y M A Hall in Changanassery, Kottayam, on June 14, 2023, was an enriching forum for the working pharmacists of Kottayam district. Coordinated by the Kerala State Pharmacy Council, the event delivered invaluable updates on the evolving landscape of the pharmacy sector. Through interactive and scientific sessions led by esteemed experts including Dr. Cinu Thomas, Ms. Anit Joji George, and Dr. Jayaram U from Caritas College of Pharmacy, participants gained cutting-edge insights and practical knowledge to enhance their professional practice. This collaborative effort not only reinforced ongoing learning but also underscored the commitment to advancing excellence in pharmacy services across the region.



#### B Pharm Batch 2022 Orientation Class (02.01.2023)

The B Pharm Batch 2022 Orientation Class, held at the Seminar Hall of Caritas College of Pharmacy, Thellakom, Kottayam, on January 2nd, 2023, was a resounding success. The event was inaugurated by Fr. Dr. Binu Kunnath, Director of Caritas Hospital and Institute of Health Sciences, setting a tone of academic excellence and community engagement. Dr. Sajan Jose, Academic Director of Caritas Educity, delivered a warm welcome address, ushering the incoming students into a supportive learning environment. Sessions included a comprehensive introduction to the college campus, its state-of-the-art facilities, and the utilization of Linways academic management software, ensuring a seamless academic journey. The interactive platform also provided an opportunity for students to address queries, fostering a culture of collaboration and empowerment. Organized by Caritas College of Pharmacy, this orientation class laid a strong foundation for the incoming batch, promising a rewarding academic experience ahead.



## Special orientation programme for B Pharm Batch 2023 – 2027(25.10.2023)

Caritas College of Pharmacy hosted a dynamic academic orientation program on October 25, 2023, welcoming the newest cohort of B Pharm students, who will journey through the years 2023 to 2027. The event, designed to ignite their academic pursuits, was an engaging blend of informative sessions, parent-faculty interaction, and invaluable insights from faculty members and senior students. With a focus on fostering a nurturing academic environment and providing essential guidance for success, the orientation set a promising tone for the students' educational journey ahead.



### Special orientation programme for D Pharm Batch 2023 - 2025 (26.10.2023)

Caritas College of Pharmacy held a bespoke academic orientation program on October 26, 2023, extending a warm welcome to the incoming D Pharm Batch of 2023-2025. The event was a vibrant tapestry of informative sessions, interactive workshops, and valuable insights shared by esteemed faculty members and experienced peers. Aimed at providing the necessary tools and support for a successful academic journey, the orientation emphasized the college's commitment to nurturing excellence in pharmaceutical education. With a focus on empowering students with knowledge and skills, the program marked the beginning of a transformative learning experience for the newest members of the Caritas pharmacy family.







#### Advanced learners in professional student's summit 2023 (11-02-2023)

The advanced learners from the Adamz batch of Caritas College of Pharmacy proudly participated in the Professional Student's Summit 2023, held by the Government of Kerala at Adlux Convention Centre, Angamaly. This prestigious event, graced by the honourable Chief Minister of Kerala, Shri Pinarayi Vijayan, brought together selected students from various disciplines across the state. Participants shared innovative ideas and experiences, aiming to identify areas for improvement in their fields. The summit was a grand event and a resounding success, fostering a spirit of collaboration and advancement among Kerala's brightest minds.



#### Participation in 1st Kerala Pharmaceutical Congress (25.02.2023)

Students and faculty from Caritas College of Pharmacy embarked on an enriching journey to St. James College of Pharmaceutical Sciences, Chalakkudy, for the prestigious Ist Kerala Pharmaceutical Congress on February 25, 2023. Inaugurated by the esteemed Dr. Montu Patel, President of the Pharmacy Council of India, the event featured insightful scientific sessions delving into the current emerging scenario in pharmacy. Attendees also had the opportunity to engage with e-poster presentations and attend awareness sessions conducted by various drug control bodies. Organized by the Kerala Pharmacy Graduates Association in collaboration with St. James College of Pharmacy, the congress was a platform for exchange of knowledge, ideas, and innovation in the pharmaceutical domain, leaving a lasting impact on all participants.



Spreading the Radiance of Good Health and Happiness

#### Students of Caritas college of Pharmacy attended the seminar on World antimicrobial resistance awareness (29.11.2023)

Students of Caritas College of Pharmacy engaged in a pivotal seminar on World Antimicrobial Resistance Awareness on November 29th, 2023, hosted at Caritas Hospital. Delving into the critical issue of antimicrobial resistance, the seminar provided invaluable insights and strategies to combat this global health challenge. Through interactive discussions and expert presentations, students gained a deeper understanding of the implications of antimicrobial resistance and their role in promoting responsible antibiotic use. Empowered with knowledge and awareness, they emerged poised to contribute meaningfully to addressing this pressing issue in healthcare.







## Official industrial visit - Sami - Sabinsa group of pharmaceuticals"



#### Skill Development Training for Interactive Board Usage (07.01.2023)

The Smart Board Skill Development Training, held at the Ist/IInd Sem classroom of Caritas College of Pharmacy, Thellakom, Kottayam, on January 7th, 2023, was an enriching experience. Led by technical experts from Senses Board, the sessions provided comprehensive training on utilizing smart boards effectively. Organized by Caritas College of Pharmacy, this initiative equipped participants with essential skills to leverage technology for interactive and engaging classroom experiences. It was a step forward in embracing innovative teaching methods and enhancing the learning environment for students.

#### Senses smart board use Faculty Training Programme (17.1.2023)

Caritas College of Pharmacy hosted an enriching Faculty Training Programme on January 17, 2023, focusing on leveraging technology for enhanced learning experiences. The session, led by Senses Board Technical Experts, delved into the intricacies of smart board functionalities, offering live demonstrations and interactive Q&A sessions to clarify doubts and inspire innovative teaching methodologies. Faculty members left equipped with the knowledge and skills to integrate smart board features effectively, poised to revolutionize classroom dynamics and elevate student engagement at Caritas College of Pharmacy



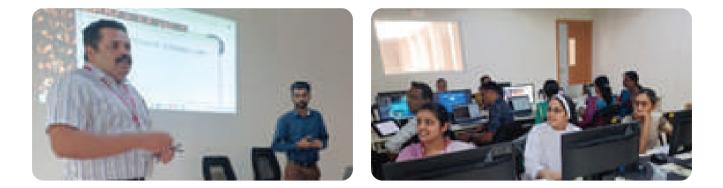
#### Faculty training programme on Smart use of Senses Smart Board for Smart Classes (23.06.2023)

The Faculty Training Programme on Smart Use of Senses Smart Board for Smart Classes, held at Caritas College of Pharmacy on June 23, 2023, was a transformative experience for all faculty members. Facilitated by technical experts from Senses Smart Board India, the event provided hands-on training, empowering educators with innovative tools for enriching teaching and learning experiences. Through immersive sessions, faculty gained practical insights into the seamless integration of smart boards into their pedagogical approaches, unlocking new dimensions of engagement and interaction in the classroom. This dynamic training not only enhanced technological proficiency but also fuelled a spirit of creativity and adaptability, ensuring Caritas College of Pharmacy remains at the forefront of educational excellence.



#### Faculty training programme on Linways Academic Management System (AMS) software (07.09.2023)

Equipping its faculty for the future, Caritas College of Pharmacy organized a dynamic training program on the Linways Academic Management System (AMS) software on September 7, 2023. With a focus on enhancing efficiency and fostering innovation in academic management, the training empowered faculty members with the skills and knowledge necessary to leverage this cutting-edge tool effectively. Through interactive sessions and hands-on demonstrations, educators were equipped to streamline administrative tasks, facilitate student engagement, and elevate the overall learning experience. This initiative underscores Caritas College of Pharmacy's unwavering commitment to academic excellence and technological advancement.



## Annual skill assessment of faculty on Senses Smartboard utility (12.09.2023 and 13.09.2023)

In a testament to its commitment to faculty development, Caritas College of Pharmacy conducted its annual skill assessment on the Senses Smartboard utility on September 12 and 13, 2023, yielding remarkable outcomes. Through immersive training sessions and hands-on practice, faculty members honed their proficiency in utilizing this cutting-edge educational tool to enhance classroom interactions and enrich student learning experiences. The assessment not only showcased the faculty's dedication to embracing innovative teaching methodologies but also underscored Caritas College of Pharmacy's unwavering commitment to fostering a dynamic and technology-driven learning environment, ensuring continued excellence in pharmaceutical education.





## PARENT-FACULTY MEETINGS

#### Parent – Faculty meeting for second semester B Pharm 2021 batch (21.01.2023)

Caritas College of Pharmacy orchestrated a productive Parent-Faculty meeting on January 21, 2023, fostering collaborative dialogue and shared goals for the second semester B Pharm 2021 batch. In the esteemed setting of the Seminar Hall, faculty members provided comprehensive insights into students' academic progress and extracurricular engagements, while also facilitating a constructive discussion on strategies to enhance professional excellence. The event concluded with invaluable feedback from parents, ensuring a holistic approach to student development and reinforcing the College's commitment to academic excellence and community engagement



### Parent – Faculty meeting for First semester B Pharm 2022 batch (18.03.2023)

Caritas College of Pharmacy fostered a collaborative atmosphere during the Parent-Faculty Meeting for the first semester B Pharm 2022 batch on March 18, 2023. Held in the esteemed Seminar Hall, faculty members provided comprehensive updates on students' academic progress and extracurricular engagements, while facilitating constructive discussions on methods to enhance professional excellence. The event concluded with invaluable feedback from parents, reaffirming the College's commitment to holistic student development and excellence in education.





## PARENT-FACULTY MEETINGS

#### Parent – Faculty meeting for First year D Pharm 2022 batch (09.06.2023)

The Parent-Faculty Meeting for the First Year D Pharm 2022 Batch, held at the Seminar Hall of Caritas College of Pharmacy on June 9, 2023, was a pivotal moment of collaboration and support. With the active participation of parents and local guardians, the event provided a comprehensive overview of students' academic progress and engagement in extracurricular activities. Facilitated by the dedicated faculty of the first year D Pharm program at Caritas College of Pharmacy, the sessions fostered open dialogue and mutual understanding, ensuring a holistic approach to student development. This synergistic partnership between parents and faculty reaffirmed the commitment to nurturing academic excellence and holistic growth among the next generation of pharmacists.



## Parent faculty meeting- Third semester B Pharm (Troizeanz) (27.06.2023)

The Parent-Faculty Meeting forThird Semester B Pharm (Troizeanz) at Caritas College of Pharmacy on June 27, 2023, was a pivotal moment of support and collaboration. Led by the dedicated faculty of the third semester B Pharm program, the event facilitated one-to-one interactions between parents and educators, offering transparent insights into the academic and extracurricular progress. Through strategic discussions and personalized strategies to enhance student performance, parents gained a clear understanding of their ward's status and the collective commitment to their success. This empowering session not only fostered trust and understanding but also reinforced a shared dedication to nurturing the potential of every student within the Caritas College of Pharmacy community.



#### **GUEST TALKS**

## Entrepreneurship, Career opportunities & immigration information in U.S. & Canada Pharmacy field (27.01.2023)

Caritas College of Pharmacy hosted a dynamic session on Entrepreneurship, Career Opportunities, and Immigration Information in the U.S. & Canada Pharmacy field on January 27, 2023. Renowned speaker Mr. Joby Thomas, a US registered pharmacist, illuminated students on the vast career landscape for pharmacists, navigating immigration intricacies, and addressing student queries with expertise. Held in the Seminar Hall, the event provided invaluable insights into global pharmacy career prospects, empowering students with knowledge and guidance to embark on their professional journeys with confidence.



#### Motivational talk: Fr Jose OFM, Vazhoor (28.01.2023)

Caritas College of Pharmacy was filled with inspiration and enthusiasm during the captivating Motivational Talk delivered by Fr. Jose OFM from Vazhoor on January 28, 2023. With engaging group tasks and compelling insights into personal journeys, Fr. Jose shared invaluable advice on staying motivated and active amidst the challenges of the student journey. Held in the Seminar Hall, the event was a testament to the College's dedication to holistic student development, leaving attendees energized and empowered to overcome obstacles and pursue their goals with renewed zeal.

## Invited talk and interactive session on Young Innovators Programme (YIP) (27.06.2023)

The Young Innovators Programme (YIP), hosted by the Kerala Development and Innovation Strategic Council (K-DISC), captivated students of Caritas College of Pharmacy with its dynamic session on institution installation. Through engaging discussions and interactive sessions, students explored novel ideas poised for social impact. Led by experts, the program not only introduced YIP but also ignited a spark of innovation, inspiring attendees to envision practical implementations for societal betterment. From brainstorming sessions to insightful Q&A, the event served as a fertile ground for cultivating a new generation of socially conscious innovators poised to make a difference.

## **GUEST TALKS**

# Invited talk: Good Manufacturing Practices (GMP): A regular prospective (21.07.2023)

The invited talk on Good Manufacturing Practices (GMP) delivered by Mr. Jayakrishnan P, Senior Supervisor at Hikma Pharmaceuticals, Saudi Arabia, was a transformative experience for students of Caritas College of Pharmacy. Delving into the nuances of GMP and its regulatory norms, the session not only heightened awareness but also opened doors to exciting opportunities for international exposure. With Mr. Jayakrishnan's expertise, students gained invaluable insights into industry standards while envisioning pathways for professional growth on a global scale. This enlightening event epitomized Caritas College of Pharmacy's commitment to fostering both knowledge and career development among its students.



#### Invited talk: Plant signatures: Nature's clue for drug discovery (29.07.2023)

The invited talk on "Plant Signatures: Nature's Clue for Drug Discovery," led by Dr. Beena Brigit Kuriakkose, Coordinator of Basic Medical Sciences at the College of Applied Medical Science, King Khalid University, Saudi Arabia, was a captivating journey into the realm of plant science. Through insightful sessions, students of Caritas College of Pharmacy delved into the fascinating concept of utilizing nature's clues for drug discovery. Dr. Beena's expertise ignited a passion for incorporating this novel approach into their research endeavours, showcasing the program's profound impact on inspiring innovative thinking and fostering scientific exploration among attendees.



## **GUEST TALKS**

### Social awareness initiative - Guest talk on feminine hygiene (08.11.2023)

Caritas College of Pharmacy hosted an enlightening guest talk on feminine hygiene on November 8, 2023, featuring the esteemed Dr. Deepthi Madhu from Caritas Hospital and Institute of Health Sciences. Dr. Madhu's expertise illuminated the importance of feminine hygiene, sparking vital discussions and raising awareness among students and faculty alike. With a focus on empowering individuals with essential knowledge and promoting holistic well-being, the event marked a significant step in fostering social awareness and promoting health education within the community.



## Guest talk – Dr Tonny M Johnson (19.12.2023)

On December 19, 2023, Caritas College of Pharmacy had the honour of hosting Dr. Tonny M. Johnson, Director of Research at Marin Biologic Laboratories, for an insightful guest talk. Dr. Johnson captivated the students with an engaging presentation on cutting-edge research in biotechnology. His expert insights not only illuminated the dynamic landscape of biotech research but also inspired many students to explore careers in this innovative field. The event was a resounding success, leaving attendees both enlightened and motivated.



## SPECIAL EVENTS

## Book launch event; the pharmaceutics-a book for healthcare students (28.1.2023)

Caritas College of Pharmacy celebrated a milestone with the grand Book Launch Event for "The Pharmaceutics: A Book for Healthcare Students" on January 28, 2023. Dr. Thirumoorthy Narayanan, the esteemed author and Principal of Caritas College of Pharmacy, graced the occasion with an engaging session introducing the book, its official launch, and key topics within its pages. Held in the prestigious Seminar Hall, the event marked not only the culmination of academic excellence but also the beginning of a valuable resource for healthcare students, further enriching the educational landscape at Caritas College of Pharmacy.



## Fresher's Day celebration: 'EXPECTO PATRONUM' (28.1.2023)

Caritas College of Pharmacy radiated with excitement during the vibrant Fresher's Day celebration themed "EXPECTO PATRONUM" on January 28, 2023. Coordinated by the spirited Troizeanz batch, the event was a memorable initiation for new students into campus life. With a warm welcome, engaging interactions, and emphasis on the significance of anti-ragging cells and fostering lifelong friendships, the occasion epitomized the College's commitment to nurturing a supportive and inclusive community. It was a day brimming with camaraderie and promise, setting the stage for a fulfilling journey ahead at Caritas College of Pharmacy.



## SKILL IMPARTMENT TRAINING

## Expert interaction & experimental learning session for plus two students of St. George's V.H.S.S, Kaipuzha (23.02.2023)

Caritas College of Pharmacy hosted an enlightening Expert Interaction & Experimental Learning Session for plus two students of St. George's V.H.S.S, Kaipuzha, on February 23, 2023. Led by the esteemed faculty, the session provided a fundamental introduction to pharmacy education, highlighting various streams and subjects within the field. Students gained valuable insights into career objectives and the focus areas essential for pursuing a successful career in pharmacy. This initiative, organized by Caritas College of Pharmacy, aimed to guide and inspire the next generation of pharmacy professionals, fostering a passion for learning and exploration in the field.



# Expert interaction & experimental learning session for plus two students of St. Xavier's V.H.S.S, Kuruppanthara (24.02.2023)

Caritas College of Pharmacy orchestrated an engaging Expert Interaction & Experimental Learning Session for plus two students of St. Xavier's V.H.S.S, Kuruppanthara, on February 24, 2023. Led by our proficient faculty, the session provided a foundational introduction to pharmacy education, shedding light on diverse streams and subjects within the field. Students were equipped with insights into career objectives and the crucial areas to focus on for a rewarding career in pharmacy. This initiative, organized by Caritas College of Pharmacy, aimed to ignite a passion for learning and illuminate career pathways for aspiring pharmacy professionals.



## SKILL IMPARTMENT TRAINING

## Expert interaction & experimental learning session for plus two students of St. Xavier's V.H.S.S, Kuruppanthara (01.11.2023)

Caritas College of Pharmacy orchestrated an engaging Expert Interaction & Experimental Learning Session for plus two students of St. Xavier's V.H.S.S, Kuruppanthara, on November01, 2023. Led by our proficient faculty, the session provided a foundational introduction to pharmacy education, shedding light on diverse streams and subjects within the field. Students were equipped with insights into career objectives and the crucial areas to focus on for a rewarding career in pharmacy. This initiative, organized by Caritas College of Pharmacy, aimed to ignite a passion for learning and illuminate career pathways for aspiring pharmacy professionals.



## Expert interaction & experimental learning session for plus two students of St. George's V.H.S.S, Kaipuzha (10.11.2023)

Caritas College of Pharmacy hosted an enlightening Expert Interaction & Experimental Learning Session for plus two students of St. George's V.H.S.S, Kaipuzha, on November10, 2023. Led by the esteemed faculty, the session provided a fundamental introduction to pharmacy education, highlighting various streams and subjects within the field. Students gained valuable insights into career objectives and the focus areas essential for pursuing a successful career in pharmacy. This initiative, organized by Caritas College of Pharmacy, aimed to guide and inspire the next generation of pharmacy professionals, fostering a passion for learning and exploration in the field.



## **INTERNAL CELEBRATIONS**

### 02 Years of Adamz (2020 B Pharm) batch at Caritas college of Pharmacy (29.02.2023)

On February 29, 2023, Caritas College of Pharmacy celebrated two years of the Adamz batch with great enthusiasm. The milestone event highlighted the achievements and growth of the Adamz students, showcasing their contributions to the college community. The celebration included heartfelt speeches, creative performances, and a reflection on the journey so far, making it a memorable and inspiring occasion for all attendees.



## Bon voyage - Official sent-off party to D Pharm students (16.06.2023)

The "Bon Voyage" Official Sent-Off Party hosted at the Seminar Hall of Caritas College of Pharmacy on June 16, 2023, was a heartwarming celebration of the D Pharm students' journey ahead. Coordinated with flair by the first-year students, the event was a blend of nostalgia and excitement, filled with fun activities and heartfelt farewells. Teachers and students alike shared their cherished experiences, weaving a tapestry of memories that will accompany the departing students on their new adventures. This joyous occasion not only marked the end of one chapter but also heralded the beginning of countless new opportunities, leaving a lasting imprint of camaraderie and goodwill within the Caritas College of Pharmacy community.



## INTERNAL CELEBRATIONS

## B. Pharm 2021 batch celebrates 2 years at Caritas College of Pharmacy (11.12.2023)

Troizeanz proudly celebrated its second anniversary at Caritas College of Pharmacy, marking two years of vibrant community and innovative initiatives. The celebratory event was filled with joyous reflections on past achievements and enthusiastic discussions about future goals. It highlighted the organization's significant impact on student life and academic growth, reinforcing its pivotal role in fostering a dynamic and supportive educational environment.





### Women's self-defence training programme organized at college auditorium, Caritas College of Nursing (06.03.2023)

Caritas College of Nursing proudly hosted a transformative Women's Self-Defence Training Programme at the college auditorium on March 6, 2023. Spearheaded by the Kerala Police, the session provided invaluable skill training by experts, empowering female students with techniques to defend themselves effectively. Jointly organized by Caritas College of Pharmacy, this initiative underscored the institution's commitment to ensuring the safety and well-being of its students, equipping them with essential tools for personal protection and empowerment



#### Flashmob by the students of Caritas college of pharmacy on Women's Day 2023

On the vibrant occasion of Women's Day 2023, students of Caritas College of Pharmacy orchestrated a spirited Flash Mob, spreading joy and empowerment on March 7. Choreographed and performed by the talented students themselves, the event was a dynamic celebration of women's strength, resilience, and achievements. Organized by Caritas College of Pharmacy, this electrifying display of unity and solidarity illuminated the campus, inspiring all to champion gender equality and honour the indomitable spirit of women everywhere.





## Official Women's Day celebration – Inspire 2023 and fashion show competition at Caritas Hospital (08.03.2023)

On March 8, 2023, Caritas Hospital hosted the Official Women's Day celebration, Inspire 2023, featuring a vibrant fashion show competition. The event saw enthusiastic participation from Caritas College of Pharmacy, with Dr. Cinu Thomas, Vice Principal, as the special invitee. The highlight of the celebration was the fashion show, where Ms. Ameena from the Galantz batch won the first prize. The event was marked by diverse and dynamic programs, celebrating the spirit and achievements of women, making it a truly inspiring and memorable occasion.



# Students of Caritas college of pharmacy participated in face art competition held on the occasion of world earth day at Caritas hospital (22.04.2023)

The vibrant spirit of creativity flourished as students from Caritas College of Pharmacy showcased their artistic flair in the Face Art Competition, held on World Earth Day, April 22, 2023, at Caritas Hospital. With the theme "Invest in Our Planet," the event, organized by the Pastoral Care Department, drew participants from various institutions. Set against the backdrop of the old Pharmacy College, the venue buzzed with energy as students expressed their dedication to environmental stewardship through innovative designs. The outcome was nothing short of inspiring, with the majority of students leveraging their creative brilliance to make a colourful statement in support of our planet.

### Craft competition held in connection with World environment day at Caritas hospital (03.06.2023)

The Craft Competition held at Caritas Hospital on June 3, 2023, in celebration of World Environment Day, was an inspiring showcase of creativity and environmental consciousness! Students from Caritas College of Pharmacy enthusiastically participated, harnessing their craft skills to interpret the theme in imaginative ways. From recycled art to eco-friendly sculptures, each creation was a testament to the importance of environmental stewardship. This event not only nurtured artistic expression but also instilled a deeper appreciation for our planet's beauty and the need for sustainable practices.



## **EXTERNAL CULTURAL / SOCIAL EVENT PARTICIPATION**

## Kottayam Social Service Society (KSSS) – 24th Chaithanya agricultural fest and cultural event



### Jaago 2023



## Buon Natale (05.12.2023)

On December 5, 2023, Caritas Hospital and its associated trusts hosted the grand event "Buon Natale" to celebrate Christmas 2023. The festivities featured a lively Christmas Papa rally, with enthusiastic participation from the students of Caritas College of Pharmacy. The event was filled with joy and festive spirit, making it a grand success and a memorable celebration for all involved.



## **ACHIEVEMENTS**

Dr Sr N A Aleykutty received Pharma excellence award by KPGA Women's wing and IPGA Kerala State Women's Forum on International Women's Day(08.03.2023)

On March 8, 2023, Dr. Sr. N. A. Aleykutty, the administrative head of Caritas College of Pharmacy, was honoured with the Pharma Excellence Award by the KPGA Women's Wing and the IPGA Kerala State Women's Forum. This prestigious recognition, presented on International Women's Day, celebrates her outstanding contributions and leadership in the field of pharmacy, marking a proud moment for the entire Caritas community.



#### Caritas College of Pharmacy received Kerala leadership award 2023 for best academic institution (17.03.2023)

On March 17, 2023, Caritas College of Pharmacy was honored with the Kerala Leadership Award 2023 for Best Academic Institution. This prestigious accolade recognizes the college's exceptional commitment to academic excellence and its significant contributions to the field of pharmacy education. The award marks a proud achievement for the entire Caritas community, highlighting its dedication to fostering innovation and leadership in healthcare education.



## **ACHEIVEMENTS**

### Milestone: Official declaration of ISO 21001:2018 Accreditation (11.08.2023)

August 11, 2023, marked a historic milestone for Caritas College of Pharmacy with the official declaration of ISO 21001:2018 Accreditation. This prestigious achievement solidified the institution's commitment to excellence in educational management and student-centered learning. Through rigorous adherence to international standards, Caritas College of Pharmacy has underscored its dedication to providing an unparalleled educational experience, empowering students to thrive in the dynamic landscape of pharmaceutical education and research.



## Official inauguration of Computer Aided Drug Design Laboratory (CADD) (11.08.2023)

On August 11, 2023, Caritas College of Pharmacy proudly inaugurated its state-of-the-art Computer Aided Drug Design (CADD) Laboratory. This advanced facility is set to revolutionize the college's research capabilities, offering students cutting-edge tools for innovative drug design and development. The inauguration marked a significant milestone in the college's ongoing commitment to integrating modern technology into pharmaceutical education and research, promising to enhance both learning and discovery.



### Faculty development programme on molecular docking (22.03.2023)

The Faculty Development Programme on Molecular Docking held on March 22, 2023, at Caritas College of Pharmacy was an insightful and forward-looking event. Dr. Prasanth Francis and Dr. Jayaram U, both esteemed professors, led sessions on the Introduction to Docking, Hands-on Training, and Approaches for Drug Design. Attended by all faculties of Caritas College of Pharmacy, the programme, organized by the Department of Pharmaceutical Chemistry, was hailed as very informative and futuristic. Held in the Language Laboratory, it provided a conducive environment for learning and collaboration, ensuring a successful outcome.



## Faculty development programme on molecular docking (Module 2) (22.03.2023)

Caritas College of Pharmacy embarked on a transformative journey of faculty development with its Molecular Docking (Module 2) program held on September 22, 2024, yielding outstanding results. Through expert-led sessions and hands-on workshops handled by Dr Prasanth Francis and Dr Jayaram U, Caritas college of pharmacy, faculty members delved deep into the intricacies of molecular docking, expanding their knowledge base and sharpening their skills in pharmaceutical research. This program not only empowered educators to stay abreast of cutting-edge advancements in the field but also equipped them to inspire and mentor the next generation of pharmaceutical professionals. Caritas College of Pharmacy continues to lead the way in fostering excellence in pharmaceutical education and research through such innovative initiatives.



Spreading the Radiance of Good Health and Happiness

Students of Caritas College of Pharmacy participated in All Kerala Intercollegiate SoftTennis Ball Cricket Tournament 2023 hosted by Amrita School of Pharmacy (25.04.2023)

The AllKerala Intercollegiate Soft Tennis Ball Cricket Tournament 2023, hosted by Amrita College of Pharmaceutical Sciences, Kochi, was a thrilling display of talent and sportsmanship. Drawing participants from prestigious pharmacy colleges across Kerala, the event showcased the passion and skill of budding cricketers. After intense competition, the quarter-final rounds concluded with fervour, leaving spectators on the edge of their seats. Held at the illustrious main ground of Amrita College, the tournament exemplified camaraderie and excellence in sports, marking it as a memorable event in Kerala's collegiate sports calendar.



## ISO – Educational Organization Management System (EOMS) stage – II audit (11.05.2023)

The ISO – Educational Organization Management System (EOMS) stage II audit, led by the esteemed Dr. S Sundareshan and team, marked a significant milestone for Caritas College of Pharmacy. Building upon the success of the stage I audit, the rigorous assessment culminated in the prestigious ISO EOMS 21001:2018 certification being awarded. Accreditation partners PSQC, Chennai, graced the event alongside distinguished attendees, including technical experts, higher officials, faculty, and staff members. Held at the esteemed venue of Caritas College, the occasion celebrated a commitment to excellence in educational management, reinforcing the institution's dedication to quality and innovation.



#### Annual internal audit – ISO EOMS 21001 2018 (18.12.2023)

On December 18, 2023, Caritas College of Pharmacy conducted its annual internal audit for ISO EOMS 21001:2018, executed by a dedicated team of faculty members. The comprehensive inspection covered all institutional processes, scrutinizing academic, administrative, infrastructural, and stakeholder-related aspects. This meticulous audit ensured adherence to the highest standards of educational quality management, reinforcing the college's commitment to excellence and continuous improvement.



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## NATIONAL LEVEL WORKSHOPS/CONFERENCES CONDUCTED BY CARITAS COLLEGE OF PHARMACY

## National One Day Workshop on "Small Molecule Drug Designing" – A General Perspective and Hands-on training on Autodock Vina – Module 1 (03.06.2023)

The National One Day Workshop on "Small Molecule Drug Designing" hosted at the Seminar Hall of Caritas College of Pharmacy on May 3, 2023, was a remarkable convergence of expertise and enthusiasm. With participation from faculty, students, and research scholars from various pharmacy and ayurveda colleges across Kerala, the event offered a dynamic platform for learning and collaboration. Led by esteemed experts Dr. Prasanth Francis and Dr. Jayaram U from the Department of Pharmaceutical Chemistry at Caritas College of Pharmacy, the workshop featured enlightening sessions including hands-on training, interactive discussions, and scientific insights. This immersive experience not only empowered attendees with practical skills in Autodock Vina but also fostered a vibrant exchange of ideas, furthering advancements in pharmaceutical research and innovation.



## National One Day Workshop on "Small Molecule Drug Designing" – A General Perspective and Hands-on training on Autodock Vina – Module 2 (17.06.2023)

The National One Day Workshop on "Small Molecule Drug Designing" - Module II, held at the Seminar Hall of Caritas College of Pharmacy on June 17, 2023, was a resounding success, drawing faculty, students, and research scholars from diverse pharmacy and ayurveda colleges across Kerala. Led by esteemed experts Dr. Prasanth Francis and Dr. Jayaram U from the Department of Pharmaceutical Chemistry at Caritas College of Pharmacy, the workshop offered invaluable insights and practical training on Autodock Vina. With engaging sessions encompassing hands-on training, interactive discussions, and scientific explorations, participants gained deeper proficiency in drug design methodologies. This collaborative endeavour not only fostered knowledge exchange but also laid a solid foundation for further advancements in pharmaceutical research and innovation.



## NATIONAL LEVEL WORKSHOPS/CONFERENCES CONDUCTED BY CARITAS COLLEGE OF PHARMACY

## Inspire 2023 (24.06.2023)

"Inspire 2024," held at the Seminar Hall of Caritas College of Pharmacy on June 24, 2023, was a dynamic fusion of knowledge and ambition. Co-organized by the Kerala Pharmacy Graduates Association (KPGA) and Caritas College of Pharmacy, the event united faculty and students in a journey of enlightenment. With engaging sessions encompassing hands-on training, interactive dialogues, and scientific discourse, the program offered a transformative experience. Guided by pharmacy faculty experts from renowned colleges across Kerala, participants delved into the forefront of pharmaceutical innovation. "Inspire 2024" not only sparked inspiration but also nurtured a collaborative spirit, fostering a community dedicated to pushing the boundaries of pharmacy education and practice.



## One day National Conference: Breaking Boundaries - Advancing Pharmaceutical Education and Research with Augmented Reality and CADD (11.08.2023)

TheOne Day National Conference, "Breaking Boundaries - Advancing Pharmaceutical Education and Research with Augmented Reality and CADD," hosted by Caritas College of Pharmacy, was an electrifying exploration of cutting-edge advancements in the field. Held on August 11, 2023, at the Seminar Hall, the event saw participation from esteemed experts representing Zastra Innovations Private Limited and Simulanis India Private Limited. Attendees, comprising students, faculty, and researchers from numerous pharmacy colleges across Kerala, were treated to a dynamic array of sessions including seminars, talks, interactive discussions, hands-on training, and an exhilarating E-Poster competition. The event not only fostered knowledge exchange but also ignited innovative ideas, pushing the boundaries of pharmaceutical education and research.



## B. Pharm 2021 Batch– One day picnic to Palakkad (01.07.2023)

Embarking on the Troizeanz tour of Palakkad was a rejuvenating escape for students of Caritas College of Pharmacy. Coordinated by the college faculty, the day-long excursion on July 1, 2023, led students through the historical wonders of Varikkashery Mana, Palakkad Fort, and Museum. Amidst their bustling academic routines, the tour provided a much-needed respite, filling hearts with joy, minds with relaxation, and spirits with calmness. Organized with precision by Caritas College of Pharmacy, the trip was a delightful blend of exploration and serenity, offering cherished memories to treasure.



## CHEERS TO THE WINNERS

Student participants of Caritas college of pharmacy bagged third place in Intercollegiate Pookkalam competition hosted by Sargakshethra FM 89.6 (19.08.2023)

In a vibrant celebration of cultural prowess, students from Caritas College of Pharmacy secured third place in the Intercollegiate Pookkalam competition, hosted by Sargakshethra FM 89.6 on August 19, 2023. With meticulous artistry and creativity, the team captivated audiences with their stunning floral arrangements, showcasing the college's talent and spirit. This achievement not only reflects the students' dedication to artistic expression but also highlights Caritas College of Pharmacy's commitment to nurturing holistic development beyond academic pursuits.



### Team Adamz – Winners of Caritas jingle fest 2023

Team Adamz, representing the senior batch of Caritas College of Pharmacy, emerged as the champions of Caritas Jingle Fest 2023. Competing against numerous teams from various departments of Caritas Hospital and affiliated institutions, Team Adamz captivated the audience with their enchanting melodies and impeccable rhythm. Their outstanding performance not only won the competition but also the hearts of all attendees, making the event a memorable celebration of talent and unity.

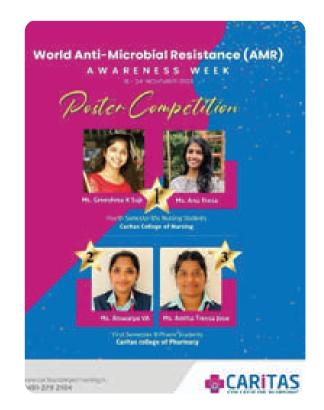


### CHEERS TO THE WINNERS

Caritas college of pharmacy – Winners of Pookalam contest held by Caritas hospital and institute of health sciences



Caritas college of pharmacy grabbed second and third prizes for poster competition held in association with World Anti-microbial resistance awareness week (18-11-2023 to 24-11-2023)



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## **ACADEMIC TOPPERS IN 2023**

## I<sup>st</sup> Sem B Pharm





Devika P B



George Roby



Merin Moban Mattathu



Abin Jose



Abhiramy



Alfeena V Musthafa

## II<sup>nd</sup> Sem B Pharm



Reshma Raghu



Rakhi Anil

**Sneha Mathew** 







Meenakshi M

Abi Mathew



Lena Sara Varghese Darsana T Biju



Ayona Jose Leny Mariam Xavier

Akash R

## **ACADEMIC TOPPERS IN 2023**

### III<sup>rd</sup> Sem B Pharm

















**Reshma Raghu** 

**Rakhi Anil** 

Sneha Mathew

Nandhana Suresh Fathima Mehrin Meenakshi Rajeev

Meenakshi M













**Abi Mathew** 

Lena Sara Varghese Darsana T Biju

Ayona Jose

Leny Mariam Xavier

Akash R

## IV<sup>th</sup> Sem B Pharm



**Anitta Antony** 

Ann Maria Mathew



Jeeva Jaimon



Nithyamol Abraham



Nafees K Ismail

## V<sup>th</sup> Sem B Pharm



**Anitta Antony** 

## **ACADEMIC TOPPERS IN 2023**

## II<sup>nd</sup> Year D Pharm



Merin (State first)











Aleema A

Devika Omanakuttan

Hariprasad R

Jayalakshmi R

Sreelakshmi M R





Sr Jasmin Sebastian

## I<sup>st</sup> Year D Pharm



Anumol K M



Aparna V S



Sujitha Raj



Tincy



Nisha V



Athira K S



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Salmiya



### Official Onam celebration of Caritas College of Pharmacy – De Maveli Pinnem (26.08.2023)

Amidst a vibrant sea of colors and cultural fervour, Caritas College of Pharmacy hosted its official Onam celebration, "De Maveli Pinnem," on August 26, 2023. The event radiated joy and unity as students, faculty, and staff came together to commemorate the spirit of Onam with traditional rituals, sumptuous feasts, and spirited competitions. Through captivating performances and heartwarming camaraderie, the celebration embodied the essence of Onam, fostering a sense of belonging and community within the college campus.



## Quiz Rx 2K23 – Intercollegiate Quiz challenge (25.09.2023)

In a thrilling celebration of World Pharmacist's Day, Quiz Rx 2K23 set the stage for an exhilarating Intercollegiate Quiz challenge on September 25, 2023. With students from pharmacy colleges across Kerala competing, the event buzzed with excitement and camaraderie. Under the expert guidance of Quizmaster Dr. Jayaram U from Caritas College of Pharmacy, and moderator, Dr Cinu Thomas, participants navigated through qualifier rounds, rapid buzzer challenges, audio-visual quizzes, and current affairs tests, showcasing their pharmaceutical knowledge prowess. Co-sponsored by the Kerala Pharmacy Graduates Association (KPGA), the event not only fostered healthy competition but also served as a platform for networking and collaboration within the pharmacy community. With cash prizes rewarding the winners, Quiz Rx 2K23 left an indelible mark, ensuring active engagement and spirited participation from all corners of Kerala's pharmacy student fraternity.



## World Pharmacist Day Celebration and Cultural events (25.09.2023)

The inaugural celebration of World Pharmacists Day on September 25, 2023, organized by Caritas College of Pharmacy, was a resounding success. With esteemed guests including representatives from the Kerala Pharmacy Graduates Association (KPGA) and pharmacists from Caritas Hospital, the event featured insightful invited talks, a solemn oath-taking ceremony, and vibrant cultural performances by the talented students of Caritas College of Pharmacy. It was a day dedicated to honour the invaluable contributions of pharmacists worldwide, fostering professional camaraderie, and inspiring the next generation of pharmacy professionals.



# Official visit of delegates from University of Salford to Caritas college of pharmacy (30.10.2023)

The eagerly anticipated official visit of delegates from the University of Salford to Caritas College of Pharmacy on October 30, 2023, was a resounding success. Led by the esteemed Fr Dr Bini Kunnath, Director of Caritas Hospital and Health Sciences, the event fostered a fruitful exchange of ideas and insights on foreign student exchange programs, knowledge sharing initiatives, and potential academic collaborations. The meeting not only strengthened ties between the institutions but also paved the way for exciting opportunities for cross-cultural learning and academic enrichment.







## Caritas Sports league (CSL) 2023 (06.11.2023 to 15.11.2023)

The Caritas Sports League (CSL) 2023, spanning from November 6th to November 15th, transformed Caritas College of Pharmacy into a bustling arena of athleticism and camaraderie. With a dynamic blend of indoor and outdoor sports, including carroms, chess, e-games, Rubik's cube challenge, cricket, soccer, sprint, throwball, kabaddi, and more, the event showcased the diverse talents of students and faculty. Fostering teamwork, sportsmanship, and healthy competition, CSL 2023 was a resounding success, leaving a lasting impression on the college community as a vibrant and memorable grant-funded initiative.



## Caritas arts fest (Arangu) 2023 (17.11.2023 to 18.11.2023)

The Caritas Arts Fest (Arangu) 2023, held on November 17th and 18th, illuminated Caritas College of Pharmacy with creativity and talent. Showcasing the artistic prowess of students, the event featured captivating performances ranging from music and dance to drama and visual arts. With vibrant displays and spirited competitions, Arangu 2023 fostered a sense of artistic expression and unity among participants, creating unforgettable memories and strengthening the fabric of the college community.







## College Annual Day 2023 (09.12.2023)

On December 9, 2023, Caritas College of Pharmacy celebrated its Annual Day with great enthusiasm and grandeur. The event was graced by the esteemed presence of the management from Caritas Hospital and Institutes of Health Science. The day was filled with vibrant cultural programs, including dance performances, songs, skits, and a lively DJ night, showcasing the diverse talents of the students. The celebration was a resounding success, fostering a sense of community and joy among all participants.



## Faculty representatives attended Student Support and Guidance Programme (SSGP) district review meeting held at Government Medical College, Kottayam (17.05.2023)

The ISO – Student Support and Guidance Programme (SSGP) district review meeting convened a diverse array of staff representatives from colleges affiliated under the Kerala University of Health Sciences. Led by the expertise of Dr. Iqbal, Dean of Student Affairs at Kerala University of Health Sciences, the event delved into critical discussions on student-centric topics ranging from academics to extracurricular activities. With a focused theme on establishing the necessity and methodologies for student counselling centres, the meeting served as a dynamic platform for collaboration and innovation. Held in the inspiring setting of the college auditorium, the session underscored a collective commitment to fostering holistic student development within the academic community.







## STUDENT SUPPORT AND GUIDANCE

### Anaemia screening campaign at Caritas college of pharmacy (26.05-2023)

The Anaemia Screening Campaign held at Caritas College of Pharmacy on May 26, 2023, was a resounding success! Organized by dedicated healthcare workers and supported by the Government Health Department of Kottayam, Kerala, the event focused on screening girl students for anaemia. Through basic blood tests and counselling sessions, participants received valuable insights into their health status, empowering them with knowledge to take proactive steps towards better well-being. This collaborative effort not only raised awareness but also underscored the importance of community health initiatives in fostering a healthier tomorrow.



#### Campus recruitment drive for outgoing D Pharm students (02.12.2023)

On December 2, 2023, our campus hosted a highly successful recruitment drive for outgoing DPharm students, targeting roles such as sales executives and related positions within the pharmaceutical sector. The event witnessed an enthusiastic participation from students, many of whom excelled through the selection process. A significant number of students were shortlisted and selected by leading pharmaceutical companies, underscoring the high caliber of our graduates. This successful placement drive not only highlighted the potential and preparedness of our students but also strengthened our ties with the pharmaceutical industry, paving the way for future opportunities.



## BIRTHDAYS

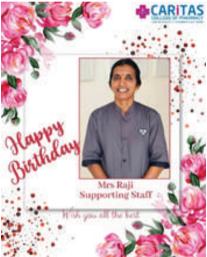


### **BIRTHDAYS**



#### **BIRTHDAYS**







Associate Professor Dept of Pharmaceutics







